

# Training Programme

## Asbestos Awareness Refresher Workshops

### *Introduction*

This Workshop has been developed to provide appropriate refresher training to individuals who have previously benefited from Asbestos Awareness training as required by virtue of Regulation 10 of the Control of Asbestos Regulations 2006. These workshops are not an alternative to the Basic Asbestos Awareness Training.

### *Programme Content – 2 hour duration*

The workshop seeks to use a series of group exercises/case studies to draw out existing knowledge and reinforce the understanding about asbestos, the associated risks and how to avoid or control them through group discussion. It is presented in six broad sections comprising:

**What is Asbestos?** Nature, origins & properties, versatility

Group Exercise: *What do you know about asbestos?*

**Where & How it was used?** Types of materials found in buildings

Group Exercise: *Asbestos? Where? – Diverse case studies of buildings for delegates to identify where asbestos is likely to be found.*

**Adverse Health Effects Revisited** Pleural Plaques; Asbestosis; Lung Cancer; Mesothelioma

Choice of Video: *“How Are You Today?”; “Mesothelioma”, “Asbestos Alert” or “Asbestos – The Facts”*

**Legislation Update:** Control of Asbestos Regulations 2006

### **Avoiding the risks from Asbestos**

Case Study:

### **Dealing with Emergencies**

Case Study:

### **Sources of further information, summary and final questions**

NB. Optional Conclusion - assessment of learning – a short test of knowledge gained and/or practical assessment of skills developed